Hidradenitis suppurative (HS) has a wide range of scoring tools, but there is no universally accepted standard.

The oldest is the **Hurley Staging System**, created in 1989 and widely used. This scale looks at inflammatory lesions, tunnel, scars, distance, but does not include subjective questions. As a three-stage classification system for hidradenitis suppurativa, the HS indicates the severity of the disease. Online calculators are available.

Hurley stage	Characteristics
I	Recurrent abscesses without scarring or sinus tract formation
II	Recurrent abscess with scarring and sinus tract formation separated by normal skin
III	Recurrent abscesses, diffuse scarring, and interconnecting sinus tracts with minimal to no normal skin between lesions

The **International Hidradenitis Suppurativa Severity Scoring System (IHS4)** was created in 2017. This system looks at the number of lesions (adjusted coefficients. Again, this system does not account for subjective data. The total score allows for the categorization of HS severity as mild (0–3), moderate (4–10), or severe (11) disease. Online calculators are available.

Variables	Point	x Coefficient	Total
Number of nodules		1	
Number of abscesses		2	
Number of draining tunnels (fistulae/sinuses)		4	

The **HIDRAscore** was created in 2020 and includes subjective questions (called the **HIDRAdisk**) that help determine the patient's quality of life. The scores range from 0 to 10, with higher scores associated with higher severity of the disease.

Variables	Numbers of lesions	Scores
Inflammatory nodules	0–2	0
	3–5	1
	≥6	2
Abscesses	0	0
	≥1	1
Draining fistulas	0	0
	≥1	1
HIDRAdisk*	≤20	0
	21–60	4
	>60	5
Subumbilical lesions	0–2	0
	≥2	1

HIDRAdisk Questionnaire:

On a scale from 1 to 10 where 1 = strongly disagree, 5 = neutral, and 10 = strongly agree...

HS impairs my general state of health.

HS causes me physical pain.

HS causes me an unpleasant odor.

HS is an unpredictable disease, difficult to control.

HS affects my skin because of its extension or severity of symptoms or concerned areas.

HS makes me different from who I am (e.g. makes me insecure, inadequate, sad, aggressive).

HS impairs my social life (e.g. meeting up with friends and family).

HS impairs my sentimental and sexual life.

HS impairs my working life (e.g. sick leave, difficult relationship with colleagues, reduced career opportunities, lack of concentration).

HS impairs my daily activities (e.g. domestic activities, personal care, sports and leisure, future planning).

**This document is not an all-encompassing list of the scoring systems available for HS.

References:

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