SCORAD CALCULATOR

Please complete the SCORAD calculator below and attach it when submitting the follow-up documentation regarding the member's prior authorization denial.

How to Use

To assess disease severity, begin by calculating Body Surface Area (BSA), which represents the percentage of total body surface affected. Each anatomical region is assigned a percentage, and the sum of affected regions provides a total score between 1 and 100, indicating overall extent of severity.

Next, evaluate intensity by scoring five lesion types and xerosis (dryness):

- Erythema (Redness)
- Papulation / Edema (Swelling)
- Oozing / Crusting
- Excoriation (Scratching)
- Lichenification (Leathery skin)

Assign a value from 0 to 3 for each, where 0 = absent, 1 = mild, 2 = moderate, and 3 = severe.

Additionally, rate subjective symptoms of itching and sleeplessness on a 0–10 scale, based on patient input averaged over the prior three nights (0 = no symptoms, 10 = worst ever experienced).

The total index value is calculated out of 103 by combining the weighted scores for extent, intensity, and subjective symptoms. This composite score guides treatment decisions and monitoring.

Area

Head & Neck (9% BSA)	◯ 0%	◯ 25%	◯ 50%	◯ 75%	◯ 100%
Upper Limbs (left) (9% BSA)	◯ 0%	◯ 25%	◯ 50%	◯ 75%	◯ 100%
Upper Limbs (right) (9% BSA)	◯ 0%	◯ 25%	◯ 50%	◯ 75%	◯ 100%
Lower Limbs (left) (18% BSA)	◯ 0%	◯ 25%	◯ 50%	◯ 75%	◯ 100%
Lower Limbs (right) (18% BSA)	◯ 0%	◯ 25%	◯ 50%	◯ 75%	◯ 100%
Anterior Trunk (18% BSA)	◯ 0%	◯ 25%	◯ 50%	◯ 75%	◯ 100%
Back (18% BSA)	◯ 0%	◯ 25%	◯ 50%	◯ 75%	◯ 100%
Genitals (1% BSA)	◯ 0%	◯ 25%	◯ 50%	◯ 75%	◯ 100%

Intensity

Redness	◯ 0	◯ 1	◯ 2	◯ 3
Swelling	◯ 0	◯ 1	◯ 2	◯ 3
Oozing / Crusting	◯ 0	◯ 1	◯ 2	◯ 3
Scratch Marks	◯ 0	◯ 1	◯ 2	◯ 3
Skin Thickening (lichenification)	◯ 0	◯ 1	◯ 2	◯ 3
Dryness	◯ 0	◯ 1	◯ 2	◯ 3

*A representative area of eczema is selected. In this area, the intensity of each of the following signs is assessed as none (0), mild (1), moderate (2) or severe (3)

Subjective Symptoms

Itch	◯ 0	◯ 1	◯ 2	◯ 3	◯ 4	◯ 5	◯ 6	◯ 7	◯ 8	◯ 9	◯ 10
Sleeplessness	◯ 0	◯ 1	◯ 2	◯ 3	◯ 4	◯ 5	◯ 6	◯ 7	◯ 8	◯ 9	◯ 10

*Using a visual analogue scale where 0 is no itch (or no sleeplessness) and 10 is the worst imaginable itch (or sleeplessness).

SCORAD =

SCORAD Index Values (Scores)

Mild Cases: <25 **Moderate Cases:** 25-50 **Severe:** >50

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